

OALC and OEC Lunch Menu

November 2018

Menu subject to change without notice.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Beef or Chicken Taco Salad OR Cheese Pizza Tortilla Chips Seasoned Brown Rice Black Beans Whole Kernel Corn Fresh Taco Fixings	2 Mini Chicken Corn Dogs OR Fish Patty on a Bun Oven Baked Sidewinder Roasted Broccoli
5 Chicken Tenders OR Fish Nuggets Whipped Potatoes Low Fat Poultry Gravy School Made Dinner Roll Sweet Green Peas	6 No School	8 Italian Dunker Cheese Bread OR Turkey Corn Dog Marinara Sauce Caesar Salad Roasted Broccoli	9 Beef or Chicken Taco OR Cheese Pizza Soft Tortilla or Hard Shell Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings	10 BBQ Pork Sandwich OR Grilled Chicken Sandwich Sweet Potato Fries Creamy Cole Slaw
13 Chicken Patty on a Bun OR Turkey Corn Dog Potato Crunch Broccoli Scalloped Potatoes Fresh Fixings	14 Brunch for Lunch OR Hot Turkey Ham & Cheese Sandwich Oven Baked Tri Tators Turkey Sausage Roasted Carrots Orange Juice	15 Popcorn Chicken Or Honey Sriracha Chicken Nuggets Macaroni and Cheese Whole Grain Garlic Breadstick Roasted Green Beans	16 Turkey N Gravy School Made Dinner Roll Whipped Potatoes Cranberries Roasted Carrots Mini Pumpkin Bar Dessert	17 Grilled Chicken Sandwich OR Fish Patty on a Bun Tator Tots Roasted Squash
20 Chicken Tender Wrap OR Beef Rib-B-Que on a Bun Sweet Potato Fries Roasted Cauliflower	21 Asian Chicken OR Shredded Pork on a Bun Warm Garlic Breadstick Seasoned Brown Rice Stir Fry Vegetables Creamy Cucumber Salad	22 Tator Tot Hotdish Or Turkey Corn Dog Vegetarian Baked Beans Roasted Broccoli	23 No School	24 No School
27 Stuffed Crust Pizza OR Turkey Corn Dog Romaine Caesar Salad Roasted Broccoli	28 Popcorn Chicken OR Beef Meatballs Low Fat Gravy School Made Dinner Roll Whipped Potatoes Garlic Green Beans	29 Beef Hamburger on a Bun OR Turkey Burger Oven Baked Twister Fries Vegetarian Baked Beans Fresh Burger Fixings	30 Beef or Chicken Taco OR Cheese Pizza Soft Tortilla or Hard Shell Whole Kernel Corn Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings	

OALC & OEC LUNCH PRICES	
Student "Paid"	\$ 2.85
Student "Reduced"	FREE
Student "Free"	FREE
Milk	\$.50

Free and Reduced Meal Applications available online at www.district279.org/fma OR may be picked up at any school within District 279 or the District Office.

All Grains/Breads offered are a minimum of 51% Whole Grain



* May contain Pork 
 # May contain nuts or peanut butter 
 Any school made item could contain any of the above, please check with Kitchen Manager at site.
 Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

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Entrée Offered Daily: Salads & Sandwiches
Sides Offered Daily: Fresh Fruit, Fruit Sauce, Fresh Vegetables, Milk

Our mission is to inspire and prepare all students with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in a lifetime of learning.