

OALC and OEC Lunch Menu

December 2018

Menu subject to change without notice.


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Tenders OR Fish Nuggets Whipped Potatoes Low Fat Poultry Gravy School Made Dinner Roll Sweet Green Peas	4 Asian Chicken OR Hot Turkey Ham & Cheese Sandwich Seasoned Brown Rice Warm Garlic Bread Stick Stir Fry Vegetables	5 Italian Dunkers OR Turkey Corn Dog Marinara Sauce Roasted Cauliflower Romaine Lettuce Salad	6 Beef or Chicken Taco OR Cheese Pizza Soft Tortilla or Hard Shell Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings	7 BBQ Pork Sandwich * OR Grilled Chicken Sandwich Sweet Potato Fries Creamy Cole Slaw
10 Chicken Patty on a Bun OR Turkey Corn Dog Potato Crunch Broccoli Scalloped Potatoes	11 Brunch for Lunch OR Hot Turkey Ham & Cheese Sandwich Oven Baked Tri Tators Turkey Sausage Roasted Carrots Orange Juice	12 Popcorn Chicken Or Honey Sriracha Chicken Macaroni and Cheese School Made Dinner Roll Savory Green Beans and Onions	13 Beef or Chicken Taco Salad OR Cheese Pizza Tortilla Chips Seasoned Brown Rice Black Beans Whole Kernel Corn Fresh Taco Fixings	14 Grilled Chicken Sandwich OR Fish Sandwich Oven Baked Fries Parmesan Cauliflower
17 Chicken Tender Wrap OR Beef Rib-B-Que Sandwich Sweet Potato Fries Roasted Broccoli	18 Asian Chicken OR Shredded Pork Seasoned Brown Rice Warm Garlic Bread Stick Stir Fry Vegetables	19 Deli Sandwich OR Hot Turkey Ham and Cheese Sandwich Oven Baked Waffle Fries Vegetarian Baked Beans	20 Beef or Chicken Taco OR Cheese Pizza Soft Tortilla or Hard Shell Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings	21 Philly Beef Sandwich OR Beef Meatball Sub Roasted Peppers and Onions Oven Baked Fries Queso Cheese Sauce
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL


OALC & OEC LUNCH PRICES	
Student "Paid"	\$ 2.85
Student "Reduced"	FREE
Student "Free"	FREE
Milk	\$.50

Free and Reduced Meal Applications available online at www.district279.org/fma OR may be picked up at any school within District 279 or the District Office.

All Grains/Breads offered are a minimum of 51% Whole Grain



* May contain Pork 

May contain nuts or peanut butter 

Any school made item could contain any of the above, please check with Kitchen Manager at site.

Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

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Entrée Offered Daily: Salad Bar, Sunbutter or PB & J Sandwiches
Sides Offered Daily: Fresh Fruit, Fruit Sauce, Fresh Vegetables, Milk

Our mission is to inspire and prepare all students with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in a lifetime of learning.